



525 N. Main Street  
Fuquay-Varina, NC 27526  
552-5465 fax 552-8968

## Fuquay-Varina Athletic Association 2008 Cheerleading / Spirit Registration

**Registration for all divisions of the FVAA's 2008 Cheerleading / Spirit Program will begin on April 7, 2008 and will close when rosters reach the maximum size as stated on page 2 or when the deadline of Friday, May 16, 2008 is reached. REGISTER EARLY!!!**

To register, participants need to:

- \* **1. Complete the 2008 registration form, have one of their parents or guardians sign the liability waiver on the form, and submit by the deadline with the \$65.00 for Cheerleading registration. (Please make check or money order payable to the FVAA or indicate your credit card information on the registration form). **Remember: All registrants and coaches must be current members of the FVAA Please be sure to renew your membership or join the FVAA when registering.****
- **The FVAA does not wish for any child to be unable to participate due to any financial situation. Please contact the FVAA Office for assistance if needed.**
- \* **2. Submit a Physician's Statement.** (See page 3) Our Cheerleading / Spirit program requires that we have the doctor's statement on file. Please have your physician complete the Medical Statement at the bottom of the registration form **if your child has had a physical since January 2008**. If your child has not had a recent physical, please schedule one prior to the start of practice, which will be around the first of August. **The Physician's Statement MUST be in the FVAA office before any cheerleader is allowed to begin practicing.**
- \* **3. Each new participant must submit a copy of their birth certificate.**
- \* **4. All participants must complete and submit the Medical Treatment Authorization on page 3!**

**☞ NO CHEERLEADER WILL BE ALLOWED TO PRACTICE WITHOUT SUBMITTING ALL OF THE ABOVE DOCUMENTS BY JULY 31ST – NO EXCEPTIONS !!!**

**ORIENTATION DAY FOR ALL REGISTERED CHEERLEADERS AND PARENTS WILL BE ANNOUNCED AT A LATER DATE.**

### **PRACTICE**

Practices begin August 5th. Practice will be held Tuesday and Thursday from 6:15 p.m. until 8:00 p.m. Practices will be held at South Park. Competitive squads (see description on page 2) may hold additional practices in preparation for competition.

### **WEATHER INFORMATION HOTLINE**

In the case of inclement (wet) weather, please check the field condition hotline by calling 552-5465 ext 23 or check for information on the website fvaa.org. The information on the phone line is usually updated on weekdays by 4:00 p.m. and by 7:00 a.m. on weekends.

### **GAMES**

Games will start after Labor Day weekend and are played on Saturdays. For Flag and Recreation Squads, the season should be complete by late October or early November. The end of the season will be determined by the outcome of the football team for which each squad cheers, which could go as late as Thanksgiving. COMPETITIVE level squads are **REQUIRED** to attend all of the games.

### **IMPORTANT INSURANCE INFORMATION**

FVAA member participants, coaches, officials, and volunteers are covered by general liability and accident insurance during each sport season at all practices and games scheduled by the FVAA.

### UNIFORMS

The \$65.00 registration fee per participant in cheerleading helps to cover the cost of the East Wake League charter fees, equipment, uniforms, and referees for the home games. A practice T-shirt will be included with the registration fee. Additional practice t-shirts will be available for purchase at the beginning of the season.

The FVAA provides Basic uniform components - - shell, skirt and pom poms. Other items are not provided and must be supplied by the parents. Additional required items may include: bloomers (kickpants), socks, cheerleading shoes, body suits and hair ribbons, additional costs may run around \$75.00. It is advised that NOTHING be purchased until AFTER the squad coach has provided specific instructions on what is required and how it is to be purchased. **Competition squads may be required to purchase extended apparel. This will be determined at a later date.**

**UNIFORMS ARE ON LOAN FROM THE FVAA AND MAY NOT BE KEPT FOR PRIVATE OR PERSONAL USE AFTER THE CLOSE OF THE SEASON OR A FINE WILL BE CHARGED!!**

### AGES / WEIGHTS

FVAA Cheerleading / Spirit squads are composed of four age divisions. The cut-off date to determine league eligibility is July 31st, and is charted below. Check the player's age as of July 31, 2008 to determine the appropriate division she will participate in this season.

**Flag** Five and Six year olds as of July 31, 2008 **MAX ROSTER SIZE 25** No Travel involved, must be committed to cheer on Saturdays only in Fuquay.

**Recreation** Six through Twelve year olds as of July 31, 2008 **MAX ROSTER SIZE 15** Must be committed to cheer on Saturdays only. There will be no travel involved with the recreational squad.

**Mini-Mites** Six, Seven and Eight year olds as of July 31, 2008. **MAX ROSTER SIZE 20** Subject to mandatory travel with games on Saturday nights.

**Mighty Mites** Nine and Ten year olds as of July 31, 2008. **MAX ROSTER SIZE 25** Subject to mandatory travel with games on Saturday nights.

**PeeWee** Eleven and Twelve year olds as of July 31, 2008. **MAX ROSTER SIZE 25** Subject to mandatory travel with games on Saturday nights.

Requests to participate in a league other than what is stated above will not be granted this year UNLESS your child was approved last year and is grandfathered into that league for this year.

**\*\*Important Note:** The above formation of squads by age breakdown is dependent upon the number of registrants. If the necessary number of players do not register, some age group squads may not form and money would then be refunded. If you are planning on trying out for your Middle School squad and are uncertain about playing with the FVAA or your school, sign up with the FVAA and when you make the school team we will refund your fees completely. Just remember to let the FVAA office staff know that you will not be playing with us.

### TROPHY POLICY

Under its current policy, the FVAA will purchase and award participation trophies only to the Flag cheerleaders.

### REFUND POLICY

If a player withdraws from Cheerleading for any reason other than making a school team, the \$65.00 registration fee for Cheerleading less the \$15.00 service charge is refundable only by written request received at the FVAA Office on or before July 28, 2008.

### CHEERLEADING COMPETITION LEVEL ADDITIONAL INFORMATION

The FVAA Cheerleading program is a part of the East Wake Football program. Due to our affiliation with East Wake, the following Spirit Squad leagues are **required** to attend a year-end competition which is scheduled around mid November:

- Mini Mites
- Mighty Mites
- Pee wee

Due to the competitive nature of these leagues, the participants in these leagues may be required to purchase additional items, cheer at playoff games beyond the 'standard' end of the season, attend additional practices and/or attend regional/national competitions.

**\*\*It is extremely imperative that the participants, as well as the parent(s)/guardian(s), consider the level of commitment required by this program. The program does require a lot of time, effort, and cooperation by the directors, coaches, trainers, participants, and parent(s)/guardian(s). Orientation is our first mandatory meeting. You will be given an opportunity to ask any questions you may have during orientation.**

# Medical Treatment Authorization

In the event of injury to \_\_\_\_\_, participant, while participating in, at, or enroute to Fuquay Varina Football and Cheerleading activities, I hereby authorize any emergency or other medical personnel to perform any treatment for said participant which is deemed necessary by medical or emergency personnel.

Parent or Guardian Signature: \_\_\_\_\_ date \_\_\_\_\_

Insurance Information Insurance Co.: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

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Have your physician complete this form from a physical exam within the year 2008 and **submit this form to the office by July 31**. Any registrant that does not have this form submitted prior to the beginning of practice will not be allowed to practice until the statement is received.

## PHYSICIAN'S STATEMENT

I have examined \_\_\_\_\_ within the year ending July 31, 2008 and based on that examination, I feel that she is physically fit to participate in the Fuquay-Varina Athletic Association's Cheerleading program subject to the following limitations:

\_\_\_\_\_ (if none, please write none).

Date of Exam: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Yes, I understand that special requests to participate on a squad other than what is specified on page 2 of the registration form will not be allowed this season. If my child was allowed to participate in a higher league last year I understand that she will be grandfathered in this year.**

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
date