

FVAA Soccer Rules By Age

Revised on 08/09/00, 2/14/01, 2/1/02, 2/02/04 and 7/31/05

	U5 &U6	U7 & U8	U10
Time	4x8min. quarters	4x12min. quarters	2x25min. halves
Score Kept	No	Yes	Yes
Ball size	3	3	4
Players	3v3	5v5	6v6
Min. players for game	It will be up to the opposing coach as to whether he/she will play equal numbers or maximum allowed.		
	3	4	5
Goalkeepers	No	Yes	Yes
Throw-ins allowed	3	3	1
Direct Kicks allowed	No	No	Yes
Cards Yellow/Red	No	No	Yes
Coaches on field	Yes	No	No
Distance from free kicks	This is the distance the opposing team must be away from the ball.		
	3 yards	6 yards	8 yards
Slide tackles	Not allowed	Not allowed	Allowed

There is no carding at the U5 to U8 level, but a referee will be allowed to have a coach remove a player if there is a problem.

Goal kicks by U5 and U6, the opposing team must be past midfield.

All red carding of players (or ejections of parents or coaches) will be subject to rules of the FVAA for ejections. Coaches will need to make the FVAA aware of any ejections or red cards. Referees will also note these on their match reports.

A child may not play more than one half of a game at goalkeeper.

It is strongly suggested that a goalkeeper get some playing time on the field.

Match reports will be filled out by referee and signed by coaches.

Coaches may also send in match reports.

Every player must play half of a game, unless physically unable or because of discipline problems.

U5's and U6's, substitutions may be made at the discretion of the coaches. U7 and up, substitution is only allowed with permission of the referee.

Carolina Rec. Alliance Soccer Rules By Age

	U12	U14
Time	2x30min. halves	2x35min. halves
Score Kept	Yes	Yes
Ball size	4	5
Players	8v8	11v11
Minimum players for game	It will be up to the opposing coach as to whether he/she will play equal numbers or maximum allowed.	
	6	7
Goalkeepers	Yes	Yes
Throw-ins allowed	1	1
Direct Kicks allowed	Yes	Yes
Cards Yellow/Red	Yes	Yes
Coaches on field	No	No
Distance from free kicks	This is the distance the opposing team must be away from the ball.	
	10 yards	10 yards
Slide tackles	Allowed	Allowed

All red carding of players (or ejections of parents or coaches) will be subject to rules of the FVAA for ejections. Coaches will need to make the FVAA aware of any ejections or red cards. Referees will also note these on their match reports.

A child may play as goalkeeper for the entire game.

It is strongly suggested that a goalkeeper get some playing time on the field.

Match reports will be filled out by referee and signed by coaches.

Coaches may also send in match reports.

Every player must play half of a game, unless physically unable or because of discipline problems.

Substitution is only allowed with permission of the referee.