



Player Development Program (PDP)

FVAA is committed to the soccer development of all our young athletes; with that purpose in mind our PDP program has been restructured to include the following:

- Players are selected and placed evenly/equally on PDP teams to ensure parity.
- Child-centered approach that puts the best interest of the individual player first.
- Development of the player, not the team.
- Enjoyable learning environment; serious, but fun.
- Building confidence and skill.
- Repetition based program to develop technique by using activities that replicate the game.
- Technique-based training breeding good habits.
- Balance, agility, and coordination training.
- Players express themselves by making their own decisions.
- All PDP teams will train together once a week.

Youth soccer has become very competitive. Although competitiveness is a natural and desirable mindset in the quest for sport excellence; it can also spawn negative consequences if not harnessed properly. When the emphasis is on playing to win, the acquisition of basic skills takes second place to team organization.

Coaching at this age is about teaching without glory. It's teaching with a patient approach to PLAYER DEVELOPMENT. It's about the recognition that all the work done will bear fruit at a future time.

FVAA Director of Soccer Jose Cornejo will oversee the PDP program and training and has selected a qualified and competent staff in order to achieve this goal.